

## Activity Aim Checklist Safety (AACS)

**Activity** - Swimming Carnival

**Aim** (What is the outcome of the activity? What do you hope to achieve? Whole camp participation?) -

A+B separate. Fun day in the pool to keep cool

**Checklist** (The following items should be considered) -

**Coordinator/s** ~~xxxx~~ Karlene, Kayla & Matt.P.

**Venue** Swimming pool (Hjuntabrosein)

**Day** Sunday

**Session** - Morning / Afternoon / Evening / Night (circle)

**Equipment** (include walkie talkie & whistle)

nozzles, dress-up clothes, balls, cones, whistle, walkie talkie, metal plates, blow up toys.

**Information for Elanikud** - sunscreen / hat / enclosed shoes / water bottles / swimwear / water shoes  
other -

**Meeting time & place** 5:30gym

**Running order of events** (program - introduction, games, skits, songs)

**Rules**

Attached

**Clean up**

**Safety** -

Is the venue safe? Beware of slippery areas once wet.

**Roll call**

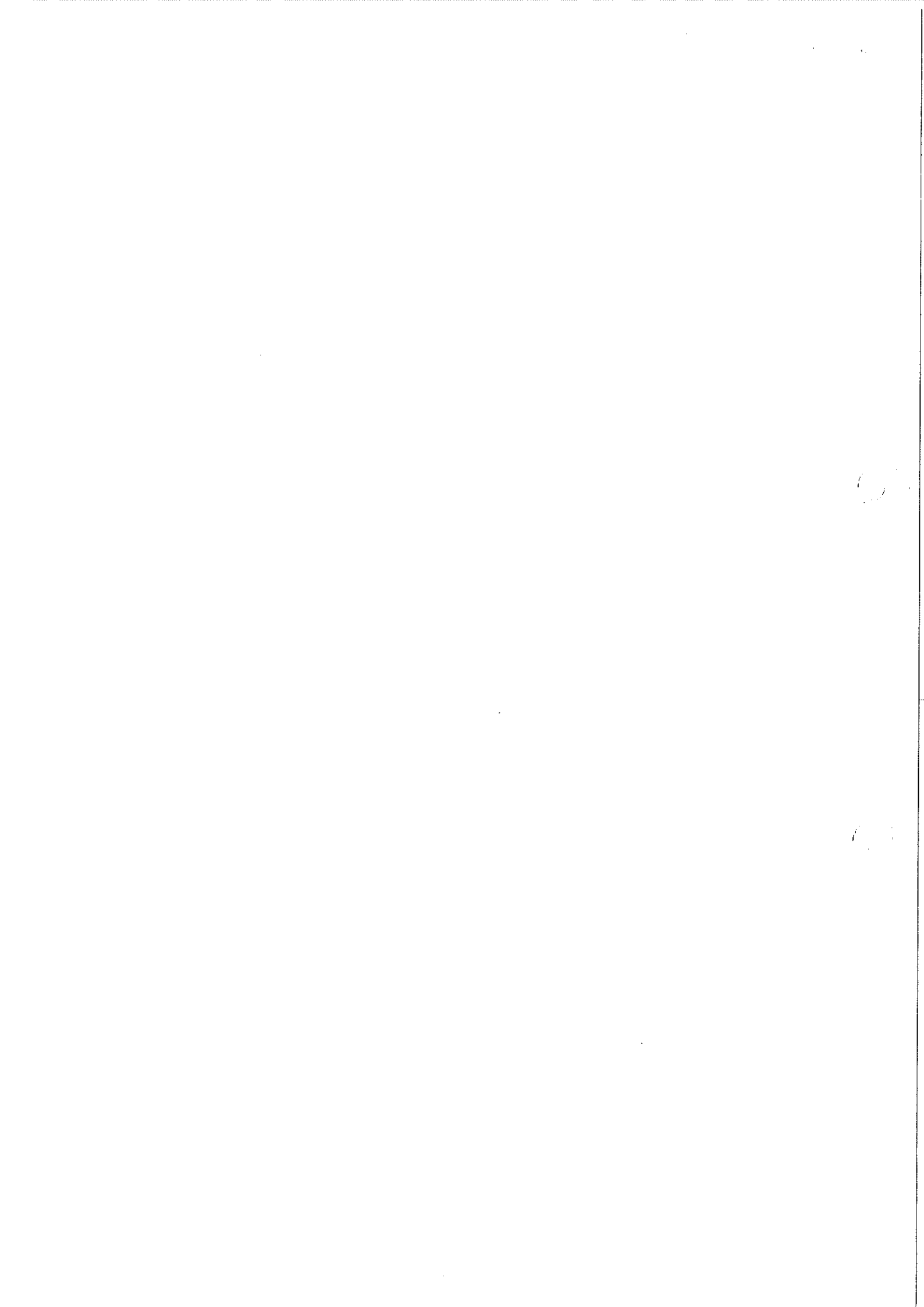
**First aid officers** Karlene, Kayla

**Other considerations** Sun protection!! Pool area rules!

**Evaluation** (what worked well, what didn't? suggestions for next time) -

Things worked well. Just need to check beginners can all swim before doing certain things. Everyone had fun.

**Attachments** -



## B Group

- chain race
- plate diving
- noodles race
- clothes swap race
- Biggest bomb

## A Group

- stupid dives
- biggest bomb
- 25m races
- plate diving
- chain race
- Finish with Water polo in deep end

## Rules

Normal pool rules (no running, no pushing, etc)

Listen when whistle



# Swim Carnival Race Sheet

## Life Jacket Relay.

4 people: medium level swimmers :

## Ping Pong Blow.

4 people: poor swimmers:

## Basket Ball Shoot Out:

4 people: non swimmers:

## Kick Board Relay.

4 people: medium/good swimmers:

## Spoon Dive.

2 people: good swimmers who can duck dive:

## Tennis Ball Flag Race.

3 People: medium/strong swimmers:

## Cup and Jug Race.

5 People: poor/non swimmers:

## Point Wolstoncroft Relay 4 by 25m freestyle:

4 people: good/strong swimemrs

