

# Essential Agreement

## Sörve Juhid 2022

1. Being open to ideas, feedback, criticisms
2. Treat people how you would want to be treated
3. Respect each other's property
4. Speaking kindly to one another (Is it true is it helpful is it kind)
5. Making a conscious effort to get to know each other
6. Showing initiative instead of waiting
7. Show gratitude
8. Clean up after yourselves
9. Trust each other
10. Listening and absorbing what people say
11. Actively fixing issues that you see
12. Ask about life outside of camp
13. Focus on the end goal & solutions rather than the problem at hand
14. Ask for help when you need
15. Take time to compliment & acknowledge others
16. Exercise effective communication
17. Take care of your own mental help as well as others (take some me time – sleeping/showering/etc)
18. Be organised
19. Work as a team
20. Looking out for each other
21. Be punctual
22. Be respectful, be mindful of what you are saying
23. Make sure everyone feels included
24. Be discrete when necessary
25. Be a role model for all

**I agree to the above agreement on how to interact and behave together within the Leadership team at workshops and at Sörve 2022**

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Name

Date

Signature